



Dear Community Provider,

My Name is Roberta "Bobbie" Castor. I am the newly appointed Triple P Facilitator with the Counseling Center. I would like to introduce Triple P to you and hope to establish a partnership for referrals to this new parenting program.

The Triple P – Positive Parenting Program ® is a parenting and family support system designed to help parents address common parenting issues. Triple P aims to equip parents with the skills and confidence they need to be self-sufficient and to be able to manage common parenting issues without ongoing support.

Triple P draws on social learning, cognitive behavioral principles, developmental theory, and research into risk factors associated with the development of social and behavioral problems in children. Triple P has global success in improving behavioral problems. More than half of Triple P's 17 parenting strategies focus on developing positive relationships, cultivating improved attitudes, and increasing desirable youth conduct.

I am currently scheduling Triple-P learning opportunities where parents can learn new strategies and share their experiences with one another. Groups can be held at our Agency, your site, or a convenient location in the community. I am able to accommodate one on one learning as well as group instruction. These groups will be held at various locations throughout Columbiana. If you know of any individuals that may benefit from Triple-P please contact me at your convenience.

I look forward to working with you in serving those in the Columbiana County Community.

Sincerely,

A handwritten signature in black ink that reads "Bobbie Castor, MHHS".

Bobbie Castor, MHHS

Triple P Facilitator

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